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LUNES			MARTES			MIÉRCOLES			JUEVES			VIERNES			SÁBADO			DOMINGO								
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA						
8:30	SPINNING VIRTUAL	S 114 SPINNING	8:30	BESTTRAINING VIRTUAL	S 115 GROUND	8:30	BESTTRAINING VIRTUAL	S 115 GROUND	8:30	BESTBALANCE VIRTUAL	S 115 GROUND	8:30	SPINNING VIRTUAL	S 114 SPINNING	8:15	SPINNING VIRTUAL	S 114 SPINNING	8:15	SPINNING VIRTUAL	S 114 SPINNING						
8:30	BODY COMBAT VIRTUAL	S 215 STRONG	8:30	BODY BALANCE VIRTUAL	S 215 STRONG	8:30	BODY COMBAT VIRTUAL	S 215 STRONG	8:30	BODY PUMP VIRTUAL	S 215 STRONG	8:30	BODY BALANCE VIRTUAL	S 215 STRONG				8:15	SPINNING VIRTUAL	S 114 SPINNING						
			8:30	SPINNING VIRTUAL	S 114 SPINNING	8:30	SPINNING VIRTUAL	S 114 SPINNING	8:30	SPINNING VIRTUAL	S 114 SPINNING															
9:30	BODY PUMP	S 215 STRONG	9:30	BODY COMBAT	S 115 GROUND	9:30	BODY BALANCE	S 115 GROUND	9:30	SPINNING	S 114 SPINNING	9:30	BODY PUMP	S 215 STRONG	9:30	SPINNING	S 114 SPINNING	9:15	BODY COMBAT VIRTUAL	S 215 STRONG						
9:30	STRECHING	S 115 GROUND				9:30	SPINNING	S 114 SPINNING	9:30	CORE	S 215 STRONG	9:30						9:30	SPINNING	S 114 SPINNING	9:15	SPINNING VIRTUAL	S 114 SPINNING			
						9:30			9:30			9:30						9:30	BESTTRAINING VIRTUAL	S 115 GROUND						
10:00	GLUTEBOOM	S 115 GROUND	10:00	HIPO-PILATES	S 215 STRONG	10:00	BODY PUMP	S 215 STRONG				10:00	BODY COMBAT VIRTUAL	S 215 STRONG				10:15	SPINNING VIRTUAL	S 114 SPINNING						
10:30	SPINNING	S 114 SPINNING	10:30	FULL BODY	S 115 GROUND	10:30	SPINNING	S 114 SPINNING	10:30	FUNCIONAL	S 115 GROUND	10:30	SPINNING VIRTUAL	S 114 SPINNING	10:30	BODY PUMP	S 215 STRONG	10:15	BESTTRAINING VIRTUAL	S 115 GROUND						
						10:30	GLUTEBOOM	S 115 GROUND	10:30			10:30	GAP	S 215 STRONG												
11:00	BODY BALANCE	S 215 STRONG	11:00	BODY PUMP	S 215 STRONG	11:00	STRETCHING	S 215 STRONG	11:00	BODY BALANCE VIRTUAL	S 215 STRONG				11:00	BODY BALANCE	S 215 STRONG	11:15	SPINNING VIRTUAL	S 114 SPINNING						
11:30	GAP	S 115 GROUND	11:00	STRETCHING	S 115 GROUND	11:00			11:30	HIPO-PILATES	S 115 GROUND				11:30	SPINNING VIRTUAL	S 114 SPINNING	11:30	BODY BALANCE VIRTUAL	S 215 STRONG						
12:30	BESTBALANCE VIRTUAL	S 115 GROUND	12:00	SPINNING VIRTUAL	S 114 SPINNING	12:00	BESTTRAINING VIRTUAL	S 115 GROUND	12:30	SPINNING VIRTUAL	S 114 SPINNING				11:30	SPINNING VIRTUAL	S 114 SPINNING	12:30	SPINNING VIRTUAL	S 114 SPINNING						
12:30	BODY COMBAT VIRTUAL	S 215 STRONG	12:00	BODY BALANCE VIRTUAL	S 215 STRONG	12:00	BODY COMBAT VIRTUAL	S 215 STRONG	12:30	BESTTRAINING VIRTUAL	S 115 GROUND				12:30	BODY COMBAT VIRTUAL	S 215 STRONG									
			13:00	BODY PUMP VIRTUAL	S 215 STRONG	13:00	BODY PUMP VIRTUAL	S 215 STRONG																		
14:15	SPINNING VIRTUAL	S 114 SPINNING	14:15	SPINNING VIRTUAL	S 114 SPINNING	14:15	BESTBALANCE VIRTUAL	S 115 GROUND	14:15	SPINNING VIRTUAL	S 114 SPINNING	14:00	SPINNING VIRTUAL	S 114 SPINNING	14:30	BODY COMBAT VIRTUAL	S 215 STRONG	14:30	SPINNING VIRTUAL	S 114 SPINNING						
15:15	FUNCIONAL	S 115 GROUND	15:15	BODY PUMP	S 215 STRONG	15:15	SPINNING	S 114 SPINNING	15:15	BODY PUMP	S 215 STRONG	15:00	BODY PUMP VIRTUAL	S 215 STRONG				15:30	BESTTRAINING VIRTUAL	S 115 GROUND	15:30	BODY PUMP VIRTUAL	S 215 STRONG			
16:00	BODY COMBAT VIRTUAL	S 215 STRONG	16:15	BESTBALANCE VIRTUAL	S 115 GROUND	16:00	BESTTRAINING VIRTUAL	S 115 GROUND	16:30	BODY BALANCE VIRTUAL	S 215 STRONG	16:00	BESTBALANCE VIRTUAL	S 115 GROUND				16:30	BESTBALANCE VIRTUAL	S 115 GROUND	16:30	BODY BALANCE VIRTUAL	S 215 STRONG			
16:30	BESTBALANCE VIRTUAL	S 115 GROUND																								
17:00	SPINNING VIRTUAL	S 114 SPINNING	17:00	BODY BALANCE VIRTUAL	S 215 STRONG	17:00	BODY COMBAT VIRTUAL	S 215 STRONG	17:00	FULL BODY	S 115 GROUND	17:00	SPINNING VIRTUAL	S 114 SPINNING	17:00	SPINNING VIRTUAL	S 114 SPINNING	17:00	SPINNING VIRTUAL	S 114 SPINNING						
17:15	BODY PUMP	S 215 STRONG	17:15	SPINNING	S 114 SPINNING	17:15	BODY BALANCE	S 115 GROUND	17:30	BODY BALANCE VIRTUAL	S 215 STRONG	17:00	BESTTRAINING VIRTUAL	S 115 GROUND							17:30	BODY PUMP	S 215 STRONG	17:30	BODY COMBAT VIRTUAL	S 215 STRONG
17:45	GAP	S 115 GROUND	18:00	GAP	S 115 GROUND	17:15	SPINNING VIRTUAL	S 114 SPINNING	17:30	SPINNING	S 114 SPINNING	17:30														
18:15	TRAINING KIDS	S 115 GROUND	18:15	BODY PUMP	S 215 STRONG	18:00			18:30	GLUTEBOOM	S 115 GROUND	18:00	BESTBALANCE VIRTUAL	S 115 GROUND	18:00	BODY PUMP VIRTUAL	S 215 STRONG	18:00	BESTTRAINING VIRTUAL	S 115 GROUND						
18:15	BODY COMBAT	S 215 STRONG				18:15	BODY BALANCE	S 115 GROUND	18:15	BODY PUMP	S 215 STRONG	18:30			18:30	SPINNING	S 114 SPINNING	18:00	SPINNING VIRTUAL	S 114 SPINNING	18:30	SPINNING VIRTUAL	S 114 SPINNING			
18:15	SPINNING VIRTUAL	S 114 SPINNING				18:15	SPINNING VIRTUAL	S 114 SPINNING	18:15	TRAINING KIDS	S 115 GROUND	18:30	BODY BALANCE	S 215 STRONG	18:30	BODY COMBAT VIRTUAL	S 215 STRONG	19:00	BODY COMBAT VIRTUAL	S 215 STRONG						
19:15	BODY BALANCE	S 215 STRONG	18:30	SPINNING VIRTUAL	S 114 SPINNING	19:15	STRETCHING	S 215 STRONG	19:30	BODY COMBAT	S 215 STRONG	18:30			19:00	BESTTRAINING VIRTUAL	S 115 GROUND	19:00	BODY PUMP VIRTUAL	S 215 STRONG						
19:15	SPINNING	S 114 SPINNING	19:15	CORE	S 215 STRONG	19:30	SPINNING	S 114 SPINNING	19:30	SPINNING	S 114 SPINNING	19:30	SPINNING VIRTUAL	S 114 SPINNING	19:30	BODY BALANCE	S 215 STRONG	19:00	BESTBALANCE VIRTUAL	S 115 GROUND						
19:30	HIPO-PILATES	S 115 GROUND	19:30	BODY COMBAT	S 115 GROUND	19:45	HIPO-PILATES	S 215 STRONG	19:30	BESTTRAINING VIRTUAL	S 115 GROUND	19:30	BODY BALANCE	S 215 STRONG	20:00	SPINNING VIRTUAL	S 114 SPINNING	19:00	SPINNING VIRTUAL	S 114 SPINNING						
20:15	BODY PUMP	S 215 STRONG	19:30	SPINNING	S 114 SPINNING	19:45	FUNCIONAL	S 115 GROUND	20:30	FUNCIONAL	S 115 GROUND	19:30			20:00	BODY BALANCE VIRTUAL	S 215 STRONG									
20:30	GLUTEBOOM	S 115 GROUND				20:45	STRETCHING	S 115 GROUND	20:30	BODY PUMP	S 215 STRONG	20:30	SPINNING VIRTUAL	S 114 SPINNING												
20:30	SPINNING	S 114 SPINNING	20:30			20:45	SPINNING	S 114 SPINNING																		
21:15	BODY PUMP	S 215 STRONG	20:30	STRETCHING	S 215 STRONG	21:00			21:00	SPINNING VIRTUAL	S 114 SPINNING	21:00	BODY COMBAT VIRTUAL	S 215 STRONG												
21:30	STRETCHING	S 115 GROUND	20:30	BODY PUMP	S 215 STRONG	21:00	BODY PUMP	S 215 STRONG	21:30	BESTBALANCE VIRTUAL	S 115 GROUND	21:00	BESTTRAINING VIRTUAL	S 115 GROUND												
			20:30	SPINNING	S 114 SPINNING																					